

Fisherrow to Port Seton

ROUTE TYPE: Walk

DISTANCE: 6 miles/10 km one way

AVERAGE TIME TO COMPLETE: 2 Hours

DIFFICULTY LEVEL: ■■■■ Short and flat

visit
east
lothian



THE ROUTE

Explore the Firth of Forth coastline just east of Edinburgh on this walk along the John Muir Way. Starting at Musselburgh's Fisherrow Harbour, hug the coastline past the ash lagoons with their rich birdlife. Look out for the hundreds of swans that patrol the Forth here too.

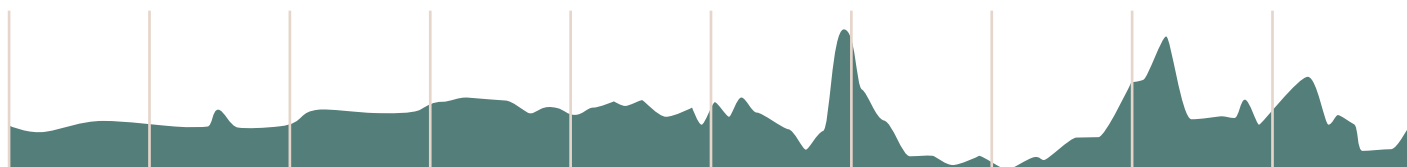
Approaching Prestonpans you'll spot the towering chimney that marks the industrial heritage museum at Prestongrange. After a tour of the free museum, continue along the John Muir Way through Prestonpans and see how many of the murals you can spot.

There's plenty of history on this route, passing near the site of the 1745 Battle of Prestonpans and Scotland's oldest railway, revealed at the 1722 Waggonway Museum.

Continue along the coast to Cockenzie and Port Seton, where the harbour seal might pop up to greet you. For tired legs, this can be a one-way walk as there is a regular bus service back to Musselburgh.

ELEVATION PROFILE

Total ascent 100m / Highest point 16m



Fisherrow Harbour

PLACES OF INTEREST

1

FISHERROW HARBOUR

Just west of Musselburgh this harbour, built from 1850, is still used by pleasure and fishing boats. Walk along the prom or harbour piers and spot wading birds on the shoreline.

2

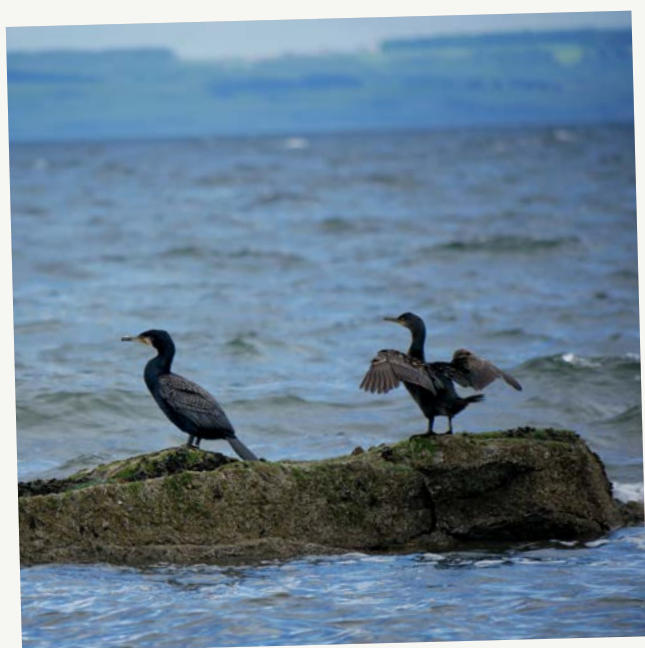
PRESTONGRANGE INDUSTRIAL MUSEUM

Explore monumental relics of Scotland's industrial heritage including a Cornish beam engine and vast brick kiln at this free museum with outdoor and indoor exhibits and an audio tour.

3

PRESTONPANS MURALS

Prestonpans is home to a murals trail of over 30 artworks scattered across the town. They celebrate the town's history and culture from John Muir to witch hunts, industry and migration.

*Cormorants at Prestonpans*

TERRAIN

This route follows the John Muir Way along the coast and is fully waymarked. The coastal terrain means it's virtually flat. Surfaces are good with a few sections of hard packed dirt track or gravel but mainly tarmac on shared walking/cycle path.

Please enjoy Scotland's outdoors responsibly.
Visit: outdooraccess-scotland.com

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*Prestongrange Industrial Museum*

4

COCKENZIE HOUSE & GARDENS

Visit one of the few remaining late 17th century manager's houses in Scotland. Call in for a well-deserved tea and cake and explore the gardens.

5

WAGGONWAY MUSEUM

Museum dedicated to Scotland's first railway, the 1722 Tranent - Cockenzie Waggonway. Open at weekends only, 12-4pm.

6

PRESTONPANS BATTLEFIELD 1745

Visit the site of the famous Battle of Prestonpans 1745, where Bonnie Prince Charlie won his first victory.

THE INSIDE TRACK

There are some great views on this route, north over the Forth and west to Arthur's Seat. Before you get the bus back, there's also a good viewpoint over the 1745 battlefield site about 30 minutes' walk from Port Seton Harbour.

GETTING THERE

BY RAIL: There are train stations at Musselburgh, Prestonpans and Longniddry on the Edinburgh line.

BY BUS: This area is served by the 26 and X5 bus routes between Edinburgh and North Berwick.

BY CAR: There is free parking at Fisherrow Harbour and more options in Musselburgh town.

Plan your trip and find more routes at:
johnmuirway.org/day-trips